

# Wish List



For the help2kids projects in  
Tanzania and Malawi



## Donation Options in Tanzania and Malawi

People often ask if there is opportunity to make a donation to support one of our projects in Tanzania or Malawi. The answer is absolutely yes! Whether you want to bring items with you to donate to the projects, make a cash donation, or buy items when you are here, your donations can make a real difference.

We offer the following donation options:

### **Cash donations:**

Whether you want to make a big or small cash donation, there are always items we need in our projects that your donation can go towards buying, whether text books, water containers, clothing or spoons for porridge.

### **Buy items in country:**

Your money can go a long way here and it will support the local market as well. This will also help avoid issues of jealousy among the children, as all of them should have the same learning materials. Many of the items that you can bring you can also buy in country, especially school and stationery supplies. Please see the list below.

### **Bring items with you:**

If you travel to Tanzania or Malawi, we would be delighted if you could bring something for the children. Below we have listed the items needed at our various projects. We hope this list gives you some ideas, but please contact us if you would like more ideas and information on any specific items we may need at the time.

### **Items that would be helpful to all of our projects:**

- Books,
- Games or flash cards
- Pens (blue and red) and pencils (ordinary not coloured) chalk, erasers and pencil sharpeners
- Exercise / notebooks (lined paper not square / grid paper)
- Any kind of balls
- Anything to do with football or netball (e.g. uniforms, shoes, whistles, etc.)
- Anything crafty (paint, paint brushes, coloured paper, glue, glitter, pipe cleaners)
- Basic medical supplies (swabs, gauze, plasters, surface disinfectant, disposable aprons, hand sanitizer)
- Children's story books in English (all reading levels)
- English as a second language learning / teaching materials / books

### **Items needed in Tanzania specifically:**

- Children's bilingual reading books (in both English and Swahili)
- Children's story books in English
- Surface disinfectant
- English literacy games / activities
- English reading books (beginner to intermediate level)
- School resources: erasers, pencils (not coloured), pencil sharpeners, pens (especially blue), chalk, calculators
- A4 paper – lined and plain
- English - Kiswahili dictionary
- Science wall charts e.g. digestive, circulatory, skeletal systems etc.
- Bicycle accessories – repair kits, inner tubes, helmets Children's clothes (especially boys' clothes)
- Computer programs that teach typing and basic educational computer games (aimed at pre-school up to age 7 years due to English ability)



- Sunscreen spf 50+ (for children with albinism)
- Plates, cups and spoons (preferably reusable plastic)
- Sewing needles and thread.

#### **Items for our Health Project:**

- Disposable gloves
- Bandages
- Hand sanitizers
- Sanitary pads
- Cotton swabs
- Toothbrush/tooth paste
- Gauze
- Mosquito Nets
- Water Guards (filters)
- Sunscreen

#### **Items needed in Malawi specifically**

- Wall Calendars
- Costumes in young adult or adult sizes
- Exercise books (lined paper) and pens
- English - Chichewa dictionary
- Toys for the nursery
- Men's black dress shoes for uniforms size 39-43 Europe/ 8.5-11 USA
- Watches for secondary sponsorship students
- Games for pre-school
- Football equipment- shoes, jerseys, whistles, balls, air pumps etc
- Battery powered stereo/CD player
- Small slates and chalk



Please note that we advise AGAINST shipping packages to us. This is due to the high costs associated with getting packages through customs. Often times a package will end up costing far more than the value of the actual items sent. Additionally, this process can take months before we actually receive anything.

When you arrive for your volunteering, if you have items you have brought to donate to the projects, please give them to the Volunteer Program Manager in order to ensure a fair and appropriate distribution of the items. When you return home the children would love to receive letters from you, and especially pictures of you and your family! Your words of encouragement mean a lot to them. You may also send other flat, light items such as stickers.



**THANK YOU VERY  
MUCH  
FOR YOUR SUPPORT!**

If you wish to receive more information or to make a donation please let us know by sending an e-mail to [info@help2kids.org](mailto:info@help2kids.org).