



WE HELP KIDS NOW!

Thank you very much for your support – every donation counts for us.

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help2kids.org

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Saarland, Germany

ADDRESS IN MALAWI

help2kids Non Profit Organization
P.O. Box 20
Lifuwu Village, Leopard Bay
Salima, Malawi



WE HELP KIDS NOW!

Contact us:
info@help2kids.org
www.help2kids.org
www.myhelp2kids.org

Welcome to help2kids

We are a young and dynamic Swiss-based non-profit organization. We support children in Tanzania and Malawi, and we strive to enable them to pursue a better and more sustainable future.

We believe that small actions have big effects – that is what we work for.

In Tanzania we run a children's home, two Nursery Schools, support a local Primary School and provide sponsorships to ensure that more children can go to and complete their Secondary education. Furthermore, our Health Project covers the full cost of medical treatments for nearly 1000 children and teenagers as well as running a variety of prevention campaigns and workshops.

In Malawi we run a Nursery School and a Food Programme. Additionally, we support two local Primary Schools and the local Health Clinic. We support the local community by offering various activities and sponsorships for Secondary School Students.

COUNTRIES



TANZANIA

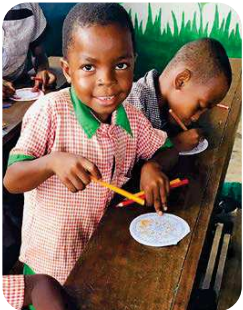
MALAWI

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OUR MOST IMPORTANT PROJECTS IN TANZANIA

Day Care Centres

help2kids supports two Nursery Schools, located in Kunduchi, a low-income fishing village. We educate nearly 100 kids in order to improve the conditions and quality of life in this vibrant community. The 3 to 8 year old students get prepared for Primary School by being taught social skills like sharing equipment and staying seated and quiet during class. The children's classes focus on English, Reading, Writing and Mathematics.



During break time we provide the kids with a nutritious meal and all students are part of the help2kids Health Project.

The school charges a small contribution fee but the majority of the costs including teaching materials, daily meals and paying teachers' salaries are covered by help2kids.

Health Project

The help2kids Health Project promotes the health of nearly 1000 children through a holistic approach to their physical and mental well-being. They come from the poorest regions and institutions (for example orphanages) in Dar es Salaam as well as our own projects.

Main focus of treatment:

- Payment of medical services in hospitals.
- Arrange and provide transportation for children who are sick or injured from their orphanage or school to the hospital or health facility and back.
- Purchase and deliver medicine prescribed by a doctor to the children.

- Supply our beneficiary organizations with first aid materials on a monthly basis.

With holistic prevention and health education we want to promote healthy behavior of children and their guardians and contribute to prevent illnesses.



Children's Home

The help2kids Children's Home is located in Kunduchi, a neighborhood 20 km north of Dar es Salaam. The home has a small playground, big garden and an amazing view to the ocean. With our team of caregivers we provide children in need with a loving home in a safe environment and a quality education.



Make unique experiences with volunteering with help2kids in Tanzania or Malawi -Get involved

Our volunteers play an important role in the children's development and education. help2kids offers 16 volunteer placements in Dar es Salaam (Tanzania) and 15 volunteer placements in Leopard Bay (Malawi) at one time. You should be willing to stay at least two weeks and be at least 18 years old. We value

Our volunteers assist the teachers at our Day Care Centres and Partner Primary Schools with English lessons. They teach English and Maths, sing, play and read with the kids and help with hand washing, marking the kids' homework, supervising them during break time and preparing lessons and activities.

safety and the best possible care through our team. For our volunteers a nice, safe and comfortable accommodation is available.



If you are interested visit:
volunteer@help2kids.org



Education Sponsorship Programme

While Primary and Secondary education in Tanzania is funded by the government, there are many additional costs that prevent children from low-income families from attending school. Many of our students cannot afford to pay for the school uniform, books, school meals or even transportation and so are left with no other choice but to finish their education after Primary School. This leaves them with limited job opportunities and increases the likelihood that they will continue to be stuck within the cycle of poverty. Through the help2kids Education Sponsorship Programme (ESP) underprivileged children are given the opportunity to continue with their education and complete their secondary level education.





WE HELP KIDS NOW!

OUR MOST IMPORTANT PROJECTS IN MALAWI



Sports Programme

The **help2kids** sports programme in Malawi leverages concepts from Grassroots Soccer to provide a fun, engaging, and gender inclusive afterschool programme for students aged 10–18 at Lifuwu Basic Primary School. While developing football skills and athletic ability, team members participate in training drills that incorporate life skills such as communication, team play and equality. Furthermore, this activity provides students with an alternative to engaging in risky behaviour at the market or by the lakeshore after school.



Nursery School and Community Centre

We support and co-manage a nursery school in Lifuwu village which offers education and daily nourishment for 200 children aged three to five. The Nursery School is managed by the Tiyanjane AIDS Fighters, a community based organisation (CBO) that is run by local volunteers with the goal of improving the lives of vulnerable children in the community. **help2kids** renovated the school and built



new classrooms for better learning environments. We fund the teacher's honorariums and contribute educational material. Furthermore, we provide food complements to ensure that all of the children that attend the Pre-School receive breakfast. This important meal gives the children energy to learn and helps prevent growth stunting and malnutrition.



Health Project

In Lifuwu, Malawi, we work together with the Health Centre. Here, common illnesses such as Malaria, respiratory infections, diarrhea, minor injuries and medical problems can be treated. The clinic conducts HIV examinations and works actively in the field of HIV-prevention. In addition to Antenatal Care, they provide Obstetric Care and give advice regarding family planning. The Health Centre attends to over 20,000 people in the villages of the region. **help2kids** supports the clinic with an Outreach Programme



in which the children of the remote villages are weighed regularly and provided with necessary vaccinations. Lifuwu Health Centre and **help2kids** partnered to create an innovative garden and feeding strategy which provides fresh vegetables and maize flour twice daily for the mothers-to-be and their attendants to cook nutritious meals.



Primary School

We cooperate with two Primary Schools in the village of Lifuwu, Malawi, where we support over 1500 students from grades 1–8. In Malawi on average 88 percent of children attend Primary School and of these, only about 38 percent graduate, even though Education is compulsory. Even for those who graduate, many regions of Malawi lack secondary schools. Most schools do not have basic resources such as desks, textbooks, exercise books, and even teachers. **help2kids** constructed shelters so that some of the classes taught outside can continue when it rains. Additionally, we constructed a school block and supplied all the desks and chairs for over 100 students. Our afterschool programme called “Kids Corner” is a programme aimed at adding value not only to the education of the kids, but also to their personal development. To prepare our students for Secondary School, we provide computer lessons for the higher grades.



Education Sponsorship Programme (ESP)

While Primary School education in Malawi is partially funded by the government, Secondary education is not. Only 15% of those eligible to enroll in Secondary School are able to do so as many of the students cannot afford Secondary School and are forced to end their education after Primary School. This leaves them with limited career opportunities and is one of the main barriers to them being able to break the cycle of poverty. Through the **help2kids** Education Sponsorship Programme (ESP), students can attend Secondary School and are



given all the tools they need to thrive over the four years. We also provide computer lessons and additional tutoring to students on the sponsorship programme.